

Appreciative Coaching Experience

"Bringing The Elements of Your Life Together"

Appreciative Coaching is a holistic process of positive change that celebrates who you are in the NOW and helps you identify through reflection your strengths and gifts and engage them to create the change you desire.



Theme For This Experience

To open a portal to the Appreciative Coaching process with the following vision:

- ✧ *Appreciate and celebrate the life you have now, while you imagine an even brighter future*
- ✧ *Review the definitions, roots, and assumptions of Appreciative Coaching*
- ✧ *Briefly compare the problem solving process versus the appreciative process*
- ✧ *Journey with the 4 Stages of Appreciative Coaching through reflecting, questioning, and sharing*
- ✧ *Identify a possible theme or topic in your life you would like to dream or create a vision for*
- ✧ *Identify some pieces of your puzzle you can engage in to appreciate and create positive change related to your theme or topic*

Location/Date/Time

Teleseminar Class

September Class Schedule

Wednesdays: 9/1/2010 --- 9/22/2010

Time: 12:00 pm - 1:00 pm PDT

Mondays: 9/6/2010 --- 9/27/2010

Time: 7:00 pm - 8:00 pm PDT

Wednesdays: 9/8/2010 --- 9/29/2010

Time: 8:00 am - 9:00 am PDT

Cost: \$80.00 - 4 week series

To Enroll Contact:

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Family
Nurturing
Tree

Self Care Through
Self Awareness

Harmonious Living
Through Sacred
Connections

Family Nurturing Tree Mission Statement

Create a life of love, peace, purpose, gratitude, health, joy, and abundance by harmonizing and celebrating an awareness of Divine Love