



Family Nurturing Tree

"Where Self Care Is Empowered By Self Awareness"

Divine Love Experiment

Around Valentine's Day the following meditation came through in those still moments I cherish. It's how I want to make a difference in the world, through an awareness of Divine Love. I began to use it for quieter meditative moments, but also for day-to-day moments. A communication also came through to use this when every my attention is called to "11" 11:11", "12:12" etc on a clock. In those instances it's very easy to pause and go through the 3 steps and when I do I feel warm soothing love that is just incredible. On one occasion I was headed to lunch and there were 3 young men walking in front of me headed to the same restaurant. I decided to "play" and from my inner voice said, "I choose to see these 3 young men as Divine Love." As soon as I did, one of them turned around and looked right at me as if he heard me out loud. Then he stopped, opened the door and held it open for me as I walked in. It was truly a miracle moment and revealed the simple truth of what happens when we choose to see the Divine in others and all the doors that can open as a result!

The next time it was right after the earthquake in Chile. I was guided to use the meditation to bless the area around the earthquake, and to bless the tsunami wave with "peacefulness". At one point I was watching the news and heard there was a whale in the bay in Hilo, HI. I heard "close your eyes" and as I did I was connected in consciousness with the whale. In my mind's eye I could see the whale's eye and felt an outpouring of love. My angels and inner angel then showed me this whale was radiating out vibrations of love, gratefulness, and peace.

If you are a visual learner, you might try affirming the words and then in a quiet moment close your eyes and see what your inner vision reveals to you. If you are a kinesthetic learner who feels your world and experiences it through touch, try affirming the words and sit quietly and notice what your body feels. If you are an auditory learner who learns better from lecture or sounds, try affirming the words and sit quietly and see what your inner hearing reveals to you. You can always use it as a simple affirmation in your daily life the next time you encounter a not so pleasant experience and what to turn it into a loving one.

I lovingly share this Divine Love Experiment so you can create your own experience with it!

Divine Love Meditation/Prayer/Affirmation

1. ***** as Divine Love harmonizes the earth's personality with the earth's soul
2. ***** as Divine Love harmonizes my personality with my soul
3. ***** as Divine Love(fill in the blank)

***** = What word or energy works for you: God, Light, Divine Intelligence, Cosmic, Allah, Life

#1 - The "earth's personality" is an awareness of all aspects of our material world seen through Divine Love and harmonized with the "earth's soul" which is an awareness of all aspects of our spiritual (non-material) world seen through Divine Love. These aspects are already fully present in us and here on the earth, it is just a matter of becoming aware of them and bringing them into wholeness and what a better way but through Love!

To do #2 is to claim this for ourselves, as we are our spiritual selves in a physical body. We can celebrate both our spiritual uniqueness along with beautiful bodies, personality characteristics and traits all through an awareness of Divine Love.

#3 is meant for any specific situation in life where you need to bring an awareness of more love.

Examples: God as Divine Love.....reveals my path and purpose for my next job or career

Light as Divine Love.....reveals my path to restored health and vitality

Allah as Divine Love.....helps me to see Divine Love in myself and others

May you journey in love and kindness and share this with others! Each and every one of us are making a difference!

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As an expression of Love and Gratitude, please include the website and contact information – Light, Life, Love

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